



Getting Care for Psoriasis

by NEWLIFEOUTLOOK TEAM

Care for Psoriasis and Psoriatic Arthritis

While treatments for psoriasis and specialist appointments can be expensive, you should check to see how your insurance can help you. 91 percent of respondents that spent \$2500 and up on psoriasis a year were covered by insurance and could have received some help for those costs. If you aren't sure who to go to for your psoriasis, you should first visit your primary care physician and see if you can get a referral to a dermatologist. A dermatologist will best be able to recommend treatments for your psoriasis and provide you with the most amount of information.

NATIONAL PSORIASIS FOUNDATION

Accessing Care for Psoriasis and Psoriatic Arthritis

A team of psoriasis researchers at University of California, Davis, analyzed eight years of NPF survey panels to determine the access-to-care issues and out-of-pocket costs facing people with psoriasis and psoriatic arthritis. Learn more at: www.psoriasis.org/news/jan-2013/access-care



Percentage of respondents who had seen at least one physician in two years.

22%

Percentage of those respondents that had seen a primary care doctor

Reasons a specialist was not seen:

28% "Gave up on treatment"

21% "Too expensive"

11% "Too much of a hassle"



\$2,500+

Amount spent per year in out-of-pocket costs by the majority of respondents... even though roughly 91 percent were covered by insurance

MORE LIKELY TO SEE A SPECIALIST:

- * Patients with access to insurance
- * Patients with severe psoriasis



WOMEN are **1.5 TIMES** more likely to seek care, compared to men.



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MISSION: Working to find a cure for psoriasis and psoriatic arthritis and to eliminate their devastating effects through research, advocacy and education.

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