Top 10 NLO|Psoriasis Articles of 2015

by NEWLIFEOUTLOOK TEAM

10. How Does Psoriasis Develop?

How does psoriasis develop? The exact cause that triggers the development of psoriasis is not known, but there are some things scientists agree on.

9. Symptoms of Psoriasis

Signs and symptoms of psoriasis may vary depending on the type of psoriasis you have.

8. 8 Celebrities With Psoriasis

These eight celebrities with psoriasis have lived with their skin troubles for years, and have learned to thrive in the spotlight despite their disease.

7. Heart Disease Risk

Since psoriasis stems from an inflammatory response of the immune system, many experts believe that this inflammation can raise the risk of heart disease.

6. Scalp Psoriasis

About 50 percent of psoriasis sufferers experience scalp psoriasis, ranging from mild to severe itching and/or burning that spread onto the face and neck.

5. Can I Dye My Hair With Psoriasis?

Want to change your hair color but concerned psoriasis and hair dye don't mix? Consider these tips for dying your hair without making your symptoms worse.

4. Psoriasis and Diabetes

Psoriasis and diabetes have an inflammatory response occur in the body. Researchers believe that the inflammation from psoriasis can cause type 2 diabetes.

3. 5 Herbs for Psoriasis

There are many herbal remedies used to treat psoriasis, some used internally and some used externally with good results.

2. Helpful Psoriasis Products

Let’s look at some psoriasis products that can be beneficial for treating this condition, based on the review of scientific literature from UMMC.

1. Psoriasis and Sugar

Is sugar making your symptoms worse? The value of nutrition is often underestimated, although it plays an important role in your condition.