



## Top 10 NLO|Psoriasis Articles of 2015

by NEWLIFEOUTLOOK TEAM

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### **10. How Does Psoriasis Develop?**

How does psoriasis develop? The exact cause that triggers the development of psoriasis is not known, but there are some things scientists agree on.

### **9. Symptoms of Psoriasis**

Signs and symptoms of psoriasis may vary depending on the type of psoriasis you have.

### **8. 8 Celebrities With Psoriasis**

These eight celebrities with psoriasis have lived with their skin troubles for years, and have learned to thrive in the spotlight despite their disease.

### **7. Heart Disease Risk**

Since psoriasis stems from an inflammatory response of the immune system, many experts believe that this inflammation can raise the risk of heart disease.

### **6. Scalp Psoriasis**

About 50 percent of psoriasis sufferers experience scalp psoriasis, ranging from mild to severe itching and/or burning that spread onto the face and neck.

### **5. Can I Dye My Hair With Psoriasis?**

Want to change your hair color but concerned psoriasis and hair dye don't mix? Consider these tips for dying your hair without making your symptoms worse.

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#### **4. Psoriasis and Diabetes**

Psoriasis and diabetes have an inflammatory response occur in the body. Researchers believe that the inflammation from psoriasis can cause type 2 diabetes.

#### **3. 5 Herbs for Psoriasis**

There are many herbal remedies used to treat psoriasis, some used internally and some used externally with good results.

#### **2. Helpful Psoriasis Products**

Let's look at some psoriasis products that can be beneficial for treating this condition, based on the review of scientific literature from UMMC.

#### **1. Psoriasis and Sugar**

Is sugar making your symptoms worse? The value of nutrition is often underestimated, although it plays an important role in your condition.